

Table 2: Common Can and Jar Sizes
Average Net Weight or Fluid Measure and Average Volume Per Can

Can Size	Average Net Weight or Fluid Measure Per Can		Average Volume Per Can	
	Customary	Metric	Cups	Liters
No. 10	6 lb (96 oz) to 7 lb 5 oz (117 oz)	2.72 kg to 3.31 kg	12 cups to 13 ² / ₃ cups	2.84 L to 3.24 L
No. 3 Cyl	51 oz (3 lb 3 oz) or 46 fl oz (1 qt 14 fl oz)	1.44 kg or 1.36 L	5 ³ / ₄ cups	1.36 L
No. 2 ¹ / ₂	26 oz (1 lb 10 oz) to 30 oz (1 lb 14 oz)	737 g to 850 g	3 ¹ / ₂ cups	0.83 L
No. 2 Cyl	24 fl oz	709 mL	3 cups	0.71 L
No. 2	20 oz (1 lb 4 oz) or 18 fl oz (1 pt 2 fl oz)	567 g or 532 mL	2 ¹ / ₂ cups	0.59 L
No. 300	14 oz to 16 oz (1 lb)	396 g to 453 g	1 ³ / ₄ cups	0.41 L
No. 2 (Vacuum)	12 oz	340 g	1 ¹ / ₂ cups	0.36 L
No. 1 (Picnic)	10 ¹ / ₂ oz to 12 oz	297 g to 340 g	1 ¹ / ₄ cups	0.30 L
8 oz	8 oz	226 g	1 cup	0.24 L